



THE

ROSE & CROWN

PORTUGUESE KITCHEN

Best Western Rose & Crown Hotel, Colchester

8 East Street, Colchester,
Essex, CO1 2TZ, United Kingdom

Contact Us

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www.roseandcrowncolchester.co.uk

A Culinary Tribute to a 650-Year Friendship

Since 1373, Portugal and England have shared the oldest diplomatic alliance in the world.

Across centuries of trade, travel and tradition, flavours moved between our shores – spices, citrus, seafood cookery and recipes that shaped both nations.

This menu celebrates that enduring friendship through timeless Portuguese dishes, thoughtfully prepared in the historic surroundings of the Rose & Crown.

PETISCOS

Portuguese Small Plates for Sharing

Caldo Verde (GF Available) £8

Traditional northern Portuguese soup of potato, kale and chorizo.

Allergens: Sulphites (if sausage used)



Piri-Piri Chicken Wings (GF) £10

Five piri-piri wings with garlic and lemon.

Allergens: None typical (check marinade)



Garlic Prawns – Gambas ao Alinho (GF) £12.50

King prawns sautéed in olive oil, garlic, chilli and fresh herbs.

Allergens: Crustaceans



Flame-Grilled Chourico (GF) £9

Portuguese smoked sausage, seared to crisp.

Allergens: Sulphites



Pastéis de Bacalhau £8.50

Three golden salt cod croquettes with lemon. A true classic.

Allergens: Fish, Egg, Gluten, Milk



Rissóis de Camarão £9

Crisp prawn patties with creamy shellfish filling.

Allergens: Crustaceans, Gluten, Milk, Egg



SIGNATURE SANDWICHES

Bifana £10.50

Marinated Portuguese pork with garlic, white wine and spices in a crusty roll.

Allergens: Gluten, Sulphites



Prego Steak Sandwich £11.50

Grilled steak, garlic butter and rustic bread.

Allergens: Gluten, Milk



Served with fries (V) or salad.

MAIN COURSES

Frango Piri-Piri (GF)

1/2 chicken £18.50

Whole chicken £32.50

Chargrilled half chicken, house piri-piri glaze and fries.

Allergens: None typical (check sauce)



Bacalhau à Brás £20.50

Salt cod with onion, straw potatoes, parsley and free-range egg.

Allergens: Fish, Egg



Bacalhau com Natas £21.50

Baked cod with cream, onion and potato gratin.

Allergens: Fish, Milk



Arroz de Marisco (GF) £37.95

For two guests. Portuguese seafood rice with prawns, fish and rich tomato broth.

Allergens: Fish, Crustaceans, Molluscs



Filletes De Peixe £19.50

Portuguese style pan fried served with fish and chips.

Allergens: Fish, Gluten, Egg



VEGETARIAN

Acorda de Tomate £14.50

Traditional bread stew with tomato, garlic, olive oil, coriander and soft egg.

Allergens: Gluten, Egg



DESSERTS

Pastéis de Nata £6.50

Two warm Portuguese custard tarts.

Allergens: Gluten, Milk, Egg



Arroz Doce £6.50

Silken rice pudding with cinnamon and lemon zest.

Allergens: Milk



Chocolate Mousse à la Mama RSR £5.95

Family recipe chocolate mousse.

Allergens: Egg, Milk



PLEASE INFORM OUR TEAM OF ANY ALLERGIES OR DIETARY REQUIREMENTS.

While every care is taken, all dishes are prepared in kitchens handling nuts, gluten, dairy and other allergens.



Gluten



Crustaceans



Egg



Fish



Milk



Molluscs



Sulphites



Nuts

All prices include VAT. A discretionary service charge of 10% will be added to your bill.

THANK YOU

(V) Vegetarian (GF) Gluten Free

EXTRAS

Olives £4.25



French Fries £3.95



Tomato & Onion Salad £4.50



Mixed Green Salad £4.25



Homemade
"Papo Seco" Bread Roll £1.75



SHARING OPTIONS

Pastéis de Bacalhau

3 Pastéis de Bacalhau £8.50

6 Pastéis de Bacalhau £15.00

9 Pastéis de Bacalhau £20.00



Rissóis de Camarão

3 Rissóis de Camarão £9.00

6 Rissóis de Camarão £16.00

9 Rissóis de Camarão £23.00



Chicken Wings

5 Chicken Wings £10.00

10 Chicken Wings £17.00

15 Chicken Wings £25.00



Any 3 Starters Mixed £25.95



We accept a 10% Blue Light discount
with valid proof of card.